

# WHEAT BAGS<sup>®</sup> AUSTRALIA

## INSTRUCTIONS

Heating times are only a guideline and may be adjusted to suit personal requirements. Please read the recommended heating time that is stitched into the Wheat Bag and follow carefully. If the heat is not strong enough increase the heating time by an additional 10 seconds and test, repeat as necessary but do not exceed a maximum of 150% of the instructed time.  
Eg: suggested time 2 minutes so you can heat to 150% of this = 3 minutes. ALWAYS test the Wheat Bag before applying.

**HEATING:** Place the Wheat Bag into the microwave; if your microwave has a turntable ensure that it is not obstructed and moves for a full rotation before leaving it unattended. If the turntable becomes stuck it may cause uneven heat and burn a hole in the Wheat Bag - warranty does not cover burns. DO NOT place an additional container of water inside the microwave.

If your Wheat Bag is sectioned gently shake the bag to ensure the wheat is evenly distributed to avoid the seams splitting.

It is recommended that the Wheat Bag be completely cool before reheating. However if it has cooled and further heating is required it can be reheated for half the recommended time. If overheating occurs, a burning smell may be detected. Carefully place the Wheat Bag onto a non combustible surface such as a kitchen sink. Allow to cool completely then discard. Wheat Bags are not recommended as bed warmers. Old, dry and overheated wheat bags have the possibility of combustion when placed under blankets or bedding where heat cannot escape. Wheat Bags are not recommended for children under 3 years of age.

**FREEZING:** Place the Wheat Bag into a plastic bag, seal and leave permanently in the freezer until required. Remove from the plastic bag & apply.

**STORING:** Make sure the Wheat Bag is completely cool and moisture free before storing in a cool dry place. Wheat Bags may attract mice so it is recommended that a Wheat Bag be stored in a sealed container. Warranty does not cover mice holes. It is recommended that the Wheat Bag be heated once a month for maintenance.



**Just Heat & Treat<sup>®</sup>**

Wheat Bags Australia<sup>®</sup>

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